

Poca River Run 15K  
The oldest race on the roads in West Virginia!  
May 14, 2016- 8:00 AM  
Poca, WV - Doc Bailey Road

====Overall Results====

Place	Div/Tot	Name	S	Age	City	St	Time	Pace
=====	=====	=====	=	===	=====	==	=====	=====
1	1/9	Seth Crislip	M	34			55:52.8	6:00
2	2/9	Nick Bias	M	32			56:28.8	6:04
3	3/9	Branden Merritt	M	32			57:01.6	6:08
4	4/9	Tw Moore	M	32			57:49.2	6:13
5	1/5	Josh Holley	M	28			58:18.8	6:16
6	2/5	Dustin Wood	M	25	Craigsville	WV	59:35.9	6:24
7	1/8	Brooks Crislip	M	36			1:02:45.2	6:44
8	1/6	John Ledahawsky	M	48	Beckley	WV	1:03:03.5	6:46
9	2/8	Luke Martin	M	38			1:06:27.4	7:08
10	1/4	Matthew Woody	M	40			1:06:59.0	7:12
11	3/5	Jason Beckner	M	28	Huntington	WV	1:07:13.9	7:13
12	4/5	Bradon Perry	M	28			1:07:18.3	7:14
13	1/5	Bobbi Jo Chapman	F	42	Charleston	WV	1:07:27.3	7:15
14	5/9	Jason Lutz	M	34	South Charleston	WV	1:08:40.3	7:23
15	3/8	Anthony Knell	M	35			1:09:13.3	7:26
16	1/7	Keith Dills	M	54	Huntington	WV	1:09:37.7	7:29
17	2/4	Rich Boehr	M	41			1:10:48.8	7:36
18	1/4	Amanda McMillian	F	29	Huntington	WV	1:11:20.8	7:40
19	4/8	Shannon Slash	M	39			1:11:22.3	7:40
20	2/6	Scott Poore	M	46			1:11:31.7	7:41
21	1/6	Jeanette Gooch	F	33	Charleston	WV	1:11:37.4	7:42
22	1/4	Alan Horwitz	M	58	Crown City	OH	1:11:52.4	7:43
23	1/7	Katherine Kapo	F	35			1:12:06.9	7:45
24	2/7	Stephen Cohen	M	53	Lewisburg	WV	1:12:32.2	7:47
25	1/5	Patricia Cohen	F	51	Lewisburg	WV	1:12:49.7	7:49
26	5/8	Ted Boettner	M	37	Charleston	WV	1:14:14.0	7:58
27	3/7	Robert Henslet	M	52	Dunbar	WV	1:14:26.2	8:00
28	2/6	Valarie Bloom	F	33			1:14:31.5	8:00
29	3/4	Gary Thacker	M	43			1:14:45.5	8:02
30	1/9	Roxane Carte	F	56			1:15:08.1	8:04
31	6/8	Shane Jividen	M	37			1:16:05.3	8:10
32	1/6	Tom Percy	M	66			1:16:36.1	8:14
33	6/9	Josh Callaway	M	32	Hurricane	WV	1:16:54.3	8:16
34	7/9	Royce Zuniga	M	30	Scott Depot	WV	1:18:28.8	8:26
35	7/8	Jefferson Acree	M	35			1:18:48.1	8:28
36	1/9	Steve Ledahawsky	M	64			1:19:02.0	8:29
37	4/7	Todd Dingess	M	52	Hurricane	WV	1:19:21.9	8:31
38	1/8	Ann Hall	F	47			1:21:16.0	8:44
39	5/7	Gregory Wymer	M	54	Winfield	WV	1:21:25.5	8:45
40	8/9	Charles Gilbert	M	32	Prosperity	WV	1:22:13.3	8:50
41	3/6	Jon Cormany	M	48	Charleston	WV	1:22:16.7	8:50
42	2/9	Steve Sisson	M	60	Ripley	WV	1:22:46.5	8:53
43	2/4	Mike Broce	M	58			1:22:53.1	8:54
44	6/7	Dana Gatewood	M	53			1:23:29.8	8:58
45	3/6	Bethany Callaway	F	31	Hurricane	WV	1:23:30.2	8:58
46	3/9	Bruce Blankenship	M	62			1:24:46.4	9:06
47	4/6	Callie Harmon	F	33			1:24:47.7	9:06
48	9/9	Anthony Gravely	M	34			1:25:01.9	9:08
49	2/7	Nicole Burt	F	36			1:25:23.0	9:10
50	2/8	Angela Evans	F	45	Salt Rock	WV	1:25:44.4	9:12

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51	4/6	Garrison Greathouse	M	45	Poca	WV	1:26:05.2	9:15
52	3/7	Syndney Whittington	F	39	Scott Depot	WV	1:26:31.5	9:17
53	4/7	Jaquelyn Kapeluck	F	35	Cross Lanes	WV	1:26:32.7	9:18
54	2/5	Brenda Scott	F	51			1:26:52.2	9:20
55	5/7	Kristi Smith	F	37	Hurricane	WV	1:26:56.5	9:20
56	2/6	Bill Davis	M	70			1:27:34.1	9:24
57	3/8	Amy Hicks	F	45			1:27:36.2	9:24
58	3/4	Gene Parsons	M	56	Newport News	VA	1:27:56.4	9:27
59	2/4	Tracie Isaac	F	26			1:28:11.8	9:28
60	4/8	Bridget Grimm	F	48	Huntington	WV	1:28:47.9	9:32
61	2/9	Tammy Ward	F	58			1:28:53.0	9:33
62	4/4	William Reynolds	M	40			1:29:36.6	9:37
63	5/8	Heidi Talmage	F	48	Saint Albans	WV	1:31:08.4	9:47
64	4/9	Arnold Given	M	63	Saint Albans	WV	1:31:29.2	9:49
65	3/5	Becky Budd	F	53			1:31:35.4	9:50
66	5/6	Amy Daddysman	F	31	Scott Depot	WV	1:31:40.8	9:51
67	1/1	Talana Harris	F	24			1:32:55.3	9:59
68	3/9	Jamie Hardwick	F	56	Kenova	WV	1:33:26.5	10:02
69	5/9	Daniel Smith	M	62	Charleston	WV	1:34:13.6	10:07
70	5/6	Chip Urling	M	49			1:34:15.0	10:07
71	8/8	Daniel Hale	M	35			1:34:25.3	10:08
72	6/6	Takaji Kittaka	M	48	Columbus	OH	1:34:52.3	10:11
73	6/9	George Kessler	M	62	South Charleston	WV	1:35:25.3	10:15
74	3/4	Rebekah Tuck	F	29	Daniels	WV	1:35:58.2	10:18
75	3/6	Jim Porter	M	65			1:36:04.7	10:19
76	2/5	Hallie Chillag	F	42			1:36:28.9	10:22
77	4/9	Vivian Higgins	F	58			1:36:37.3	10:22
78	5/9	Sarah Gottlieb	F	57	Charleston	WV	1:36:56.3	10:25
79	6/9	Danita Nellhaus	F	57	Charleston	WV	1:36:56.9	10:25
80	4/6	Shawn Chillag	M	67			1:37:07.5	10:26
81	6/7	Kristy Adkins	F	36	Cross Lanes	WV	1:37:08.5	10:26
82	7/9	Merritt Moore	M	60	Saint Albans	WV	1:37:45.9	10:30
83	4/5	Teresa Boone-Starke	F	52	Charleston	WV	1:38:22.2	10:34
84	7/7	Bob Morris	M	52	Barboursville	WV	1:38:28.9	10:34
85	6/6	Karey Stove	F	31			1:38:35.8	10:35
86	4/4	Allison Hull	F	28			1:39:31.1	10:41
87	7/9	Teresa Hensley	F	57	Dunbar	WV	1:39:44.4	10:43
88	5/6	Joel Hicks	M	75			1:43:06.4	11:04
89	6/6	John Palmer	M	71	Charleston	WV	1:43:25.9	11:06
90	8/9	Sandra Keller	F	56	Saint Albans	WV	1:46:35.7	11:27
91	6/8	Kristy James	F	45	Saint Albans	WV	1:47:17.5	11:31
92	9/9	Brenda Watson	F	55	Daniels	WV	1:47:26.2	11:32
93	7/8	Anna Dingess	F	49	Hurricane	WV	1:47:59.6	11:36
94	8/9	Mark McOwen	M	62			1:48:42.0	11:40
95	5/5	Kelli Cain	F	54			1:49:32.0	11:46
96	3/5	Melinda Elkins-Smit	F	40	Catlettsburg	KY	1:49:55.8	11:48
97	4/5	Tamra Jacob	F	43			1:49:56.8	11:48
98	7/7	Kristy Armstead	F	35	Clendenin	WV	1:52:02.1	12:02
99	5/5	Angie Koutsunis	F	43	Ashland	KY	1:52:38.7	12:06
100	5/5	Chris Porter	M	26			1:53:20.2	12:10

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Place	Div/Tot	Name	S	Age	City	St	Time	Pace
101	8/8	Cynthia Harmon	F	46	Saint Albans	WV	1:56:58.7	12:34
102	4/4	Arnold Zuniga	M	57	Scott Depot	WV	2:03:43.6	13:17
103	1/1	Kitty Francis	F	60	Surveyor	WV	2:04:22.9	13:21
104	9/9	Ernest Francis	M	62	Surveyor	WV	2:04:23.6	13:21