

**LAWRENCE COUNTY SEPTEMBERFEST
21ST ANNUAL WALK/RUN
10K AND 5K**

**SATURDAY, SEPTEMBER 11, 2010
7 AM REGISTRATION AND CONFIRMATION
LAWRENCE COUNTY HIGH SCHOOL**

**RACE BEGINS @ 8 AM
COST IS \$10 EARLY REGISTRATION & \$12 DAY OF RACE**

Categories 10K and 5K:

13 and under-----Male and Female
14-19-----Male and Female
20-29-----Male and Female
30-39-----Male and Female
40-49-----Male and Female
50-59-----Male and Female
60 and over-----Male and Female

*Trophies will be given to the top 3 overall winners in the 10K and 5K.
*Medals will be give to the top 3 in all categories
*Team trophy for the most entries
*Trophy for the oldest and youngest participants
*T-shirts will be given to the first 100 walkers or runners to register.

Name: _____
Address: _____

Birthdate: _____
Phone: _____
E-mail: _____

Circle
5K 10K
Male Female
Age: _____

T-shirt size: __ Youth Small __ Youth Medium __ Youth Large __ Adult Small
 __ Adult Medium __ Adult Large __ Adult X-Large __ Adult XX-Large

***To guarantee t-shirt sizes, please turn in entry form by September 3, 2010 to: Louisa Younger Woman's Club, P.O. Box 1, Louisa, Ky 41230.**

In consideration of my entry, I hereby, for myself, my heirs, executors, administrators and assigns, covenant not to sue and will release and forever discharge the Louisa Younger Woman's Club, Septemberfest Committee, it's sponsors, contributors, agents, and representatives, of any and all claims, demands, rights and causes of action of whatsoever kind and nature of unforeseen bodily and personal injury, damage of property and the consequences thereof, resulting from my running/walking and/or association with the Septemberfest Committee. I further state that I will be in proper physical condition to participate in the even and I am aware that running/walking this race could, in some circumstances result in injury or death. I also give my permission for free use of my name and picture in any broadcast, telecast or written account of the aforementioned even.
I HAVE READ THE WAIVER AND RELEASE.

SIGNATURE OF RUNNER/WALKER **PARENT OR GUARDIAN (UNDER 18)**

Hydration stations will be located approximately at the 1.5 mile, 3 mile, and 4.5 mile markers.
SPONSORED BY: LOUISA YOUNGER WOMAN'S CLUB