

44th Annual Greenup Old Fashion Days

5K

Run



Register Now!

**Oct. 1
6:30 p.m.
Downtown
Greenup**

- Entry Fee - \$15 before Sept. 27; \$20 after.
- Registration Begins Oct. 1 at 5:30 p.m.
- Fee includes T-shirt for first 150 entrants.
- See course specifications reverse.
- Accurate computerized race results.

**Awards for best overall male and female.
All junior participants receive an
acknowledgement of participation.**



For more information, call the **CareLine** at 606.833.CARE (2273).

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: (Day) _____
(Evening) _____

Age on Oct. 1, 2009: _____

Sex: M F

Awards given in the following age categories

14-younger	35-39	55-59
15-19	40-44	60-64
20-24	45-49	65-69
25-29	50-54	70-older
30-34		

T-shirt size: M L XL

Please make checks payable to
Our Lady of Bellefonte Hospital.

Mail check and entry form to:
The Human Motion Vitality Center
St. Christopher Drive • Ashland, KY 41101

WAIVER: I understand running a road race is potentially hazardous. I should not enter this 5K run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with participating in the race, all such risks being known and appreciated by me. Having read and understood the above information, I, for myself and anyone entitled to act on my behalf, waive and release OLBH, the Human Motion Vitality Center, race officials, volunteers, and sponsors, their representatives and successors from any and all claims to liabilities arising from my participation in this event.

Signature: _____

Parent's Signature: _____
(if under 18)

**Official Use
Race#:**

Date: _____

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The Human Motion Vitality Center

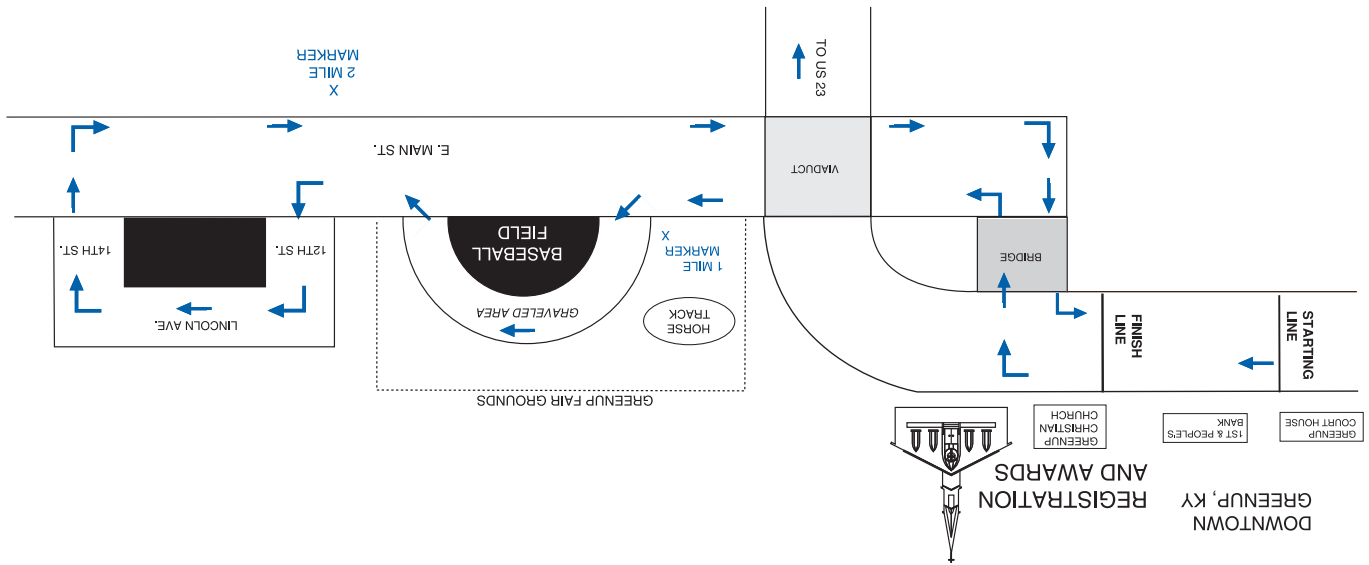
St. Christopher Drive

Ashland, KY 41101

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PERMIT NO. 4



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