

2<sup>nd</sup> Annual

# FREAKY FALL 5K RUN/WALK

Yatesville Lake State Park, Marina

Louisa, Kentucky

5K Run/Walk, Kids Fun Run

Saturday, October 31, 2009

**Start Time:** 8:30 a.m. - Kids Fun Run & Costume Contest (ages 10 and under)

9:00 a.m. - 5k Run/Walk

**RACE LOCATION:** YATESVILLE LAKE MARINA, Louisa, KY

**ENTRY FEES:** *Race held rain or shine. No Refunds.*

Lawrence County Schools Employees/Students - \$10

All others - \$15 thru Oct 23<sup>rd</sup>

\$20 Oct 24<sup>th</sup> thru race day.

**PACKET PICKUP AND REGISTRATION:** Packet Pickup and race day registration will begin at 7:30 a.m.

**COURSE:** 5K is a scenic fall course at beautiful Yatesville Lake, having a few low-grade hills. Timers at each mile. Water will be provided half way through the race.

**FACILITIES:** Restroom facilities available

**AWARDS:**

- Each 5K participant will receive a **T-Shirt** and **refreshments** following the race
- Awards will be presented for the **BEST COSTUME** kids 10 and under
- Kids Fun Runners will receive a prize
- Awards for overall male and female winner in 5K run and walk and winners in each age division male/female

**QUESTIONS:** Contact **Jene O'Brian** @ (606) 638-0901 or (606) 205-2156 or email [jene@lycomonline.com](mailto:jene@lycomonline.com)

**SPONSORED BY:** The Lawrence County Track Boosters

AGE divisions:

13 and under

14-19

20-29

30-39

40-49

50-older

# FREAKY FALL 5K ENTRY FORM

NAME: \_\_\_\_\_ ( ) MALE ( ) FEMALE  
ADDRESS: \_\_\_\_\_  
CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
PHONE: \_\_\_\_\_  
AGE: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_  
E-MAIL: \_\_\_\_\_

SHIRT SIZE (circle one): Youth - S, M, L Adult - S, M, L, XL, XXL

EVENT (circle one): 5K Run 5K Walk

RELEASE OF RESPONSIBILITY: In consideration of my being accepted in the Freaky Fall 5K Run/Walk, I intend to be legally bound, do hereby for my heirs, administrators, and assignees, waive and release forever any and all rights and claims for all injuries suffered by me while traveling to and from and while participating in the Freaky Fall 5K competition and that my physical condition has been verified by a licensed medical doctor.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If under 18 parent /guardian

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

KIDS FUN RUN BEGINS AT 8:30 a.m.

RUN/WALK BEGINS PROMPTLY AT 9:00 a.m.

\$15 Pre-Registration by Oct. 23, 2009

\$20 after Oct. 23<sup>rd</sup> until day of race

\$10 Lawrence County School Employees/Students

Checks Payable to "Lawrence County Track Boosters"

MAIL ENTRY FORM WITH PAYMENT TO:

FREAKY FALL 5-K  
C/O Jene' O'Brian  
PO Box 1352  
Louisa, KY 41230